



The Wanda Health App

User Guide

(App version 3.6.10)

The Wanda Health App

Document Versions

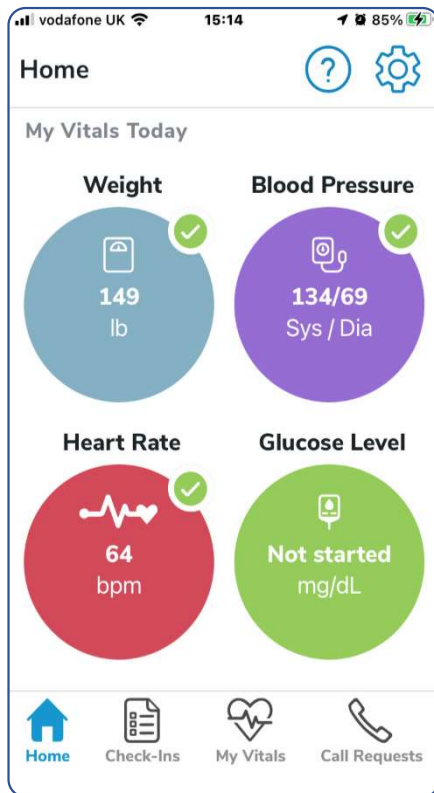
1.0 July 13 th 2022	First version corresponding to App version 3.6.0
1.1 September 12 th 2022	Corresponding to App Version 3.6.1 Changed screenshots for incoming call on page 15 (the notification changed in Web application 2.0.37)
1.2 December 14 th 2022	Corresponding to App Version 3.6.2 Changed screenshots for settings screen Added page describing the use of biometric login
2.0 August 7 th 2023	Re-Branding corresponding to App version 3.6.4
3.0 May 14 th 2024	Updated a screen image on Page 7 (Biometric Login) Added Caution statement on Page 11 and reference to the statement on Page 4 Updated email address on Page 18
4.0 October 31 st 2024	Added guidance on permissions popups seen when installing WHA on Android
5.0 March 31 st 2025	Changed description on Page 3
6.0 July 3 rd 2025	Changed the supported versions on Page 4

The Wanda Health App

Wanda Health Indications for use

The WANDA HEALTH platform is a modular software as a medical device (SaMD) which may utilize compatible devices and software to obtain data collated via a mobile app or web app and delivered to the clinician via a web portal or web app where it may be viewed to drive clinical management. It is intended to be used for the physiological and non-physiological intermittent or spot-check monitoring of all condition patients in professional healthcare facilities, such as clinics, hospitals or skilled nursing facilities, or in the patient's home setting. It is intended for the monitoring of patients by trained healthcare professionals.

Getting Started – Introduction



If you have a smartphone or tablet with an internet connection you may use the Wanda Health App. The App is free to download on the Apple App store and on the Google Play store.

The Wanda Health App will allow you to submit regular vitals readings to your care team, respond to health questionnaires and other types of survey from your care team and to track your own progress. You may also use it to request a call back from your Care Coordinator, and to receive video calls from your Care Coordinator.

Requirements:

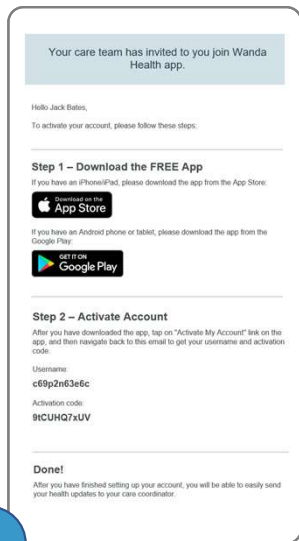
Apple iPhone or iPad with iOS version 15.0 and above

Android phone or tablet of any model with Android version 9.0 and above (15 is recommended)

See **Caution** statement on Page 11

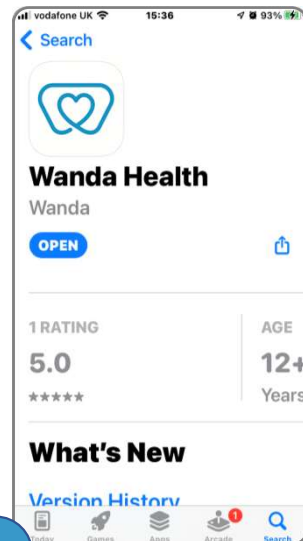


Getting Started – step by step guide



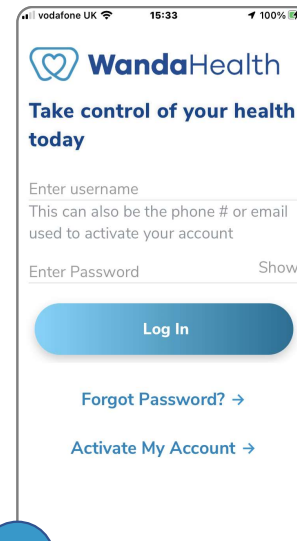
1

Receive a text or email invitation to use the App from your Care Team



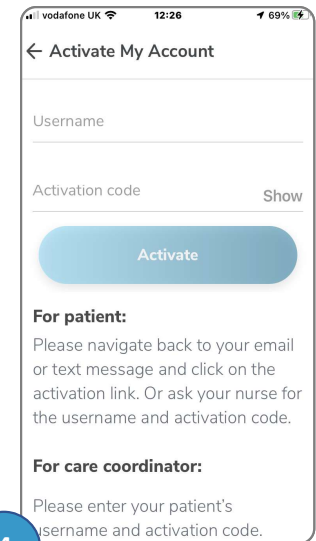
2

Download the Wanda Health App from Google Play or Apple App Store depending on type of device



3

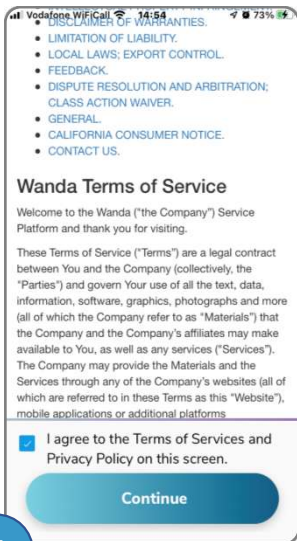
Open the App, the Login page will be displayed
Tap **Activate My Account**



4

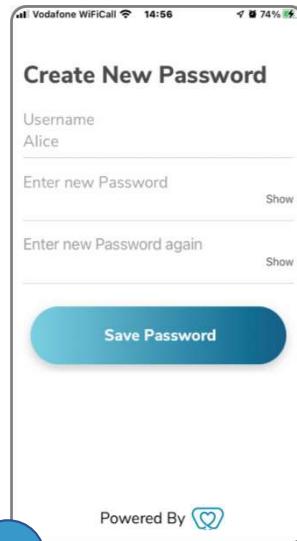
Enter the User Name and the Activation code that were in your invitation

Getting Started – step by step guide



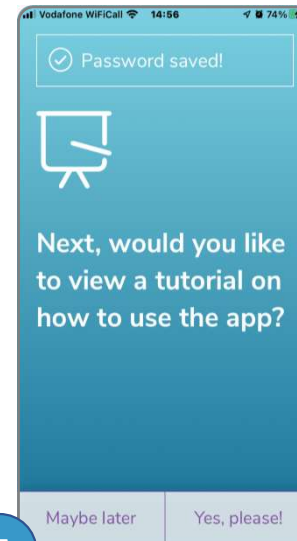
5

Review and accept the Terms and Conditions and Privacy statement



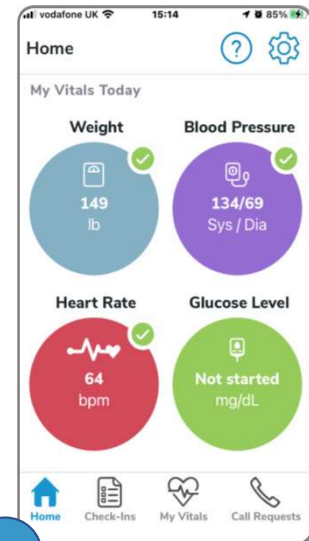
6

Follow the instructions to create a password



7

Optionally, view the tutorial (or choose to skip this for later)



8

Start using the App

Options – Setting a screen lock PIN

1 Tap the Settings Icon ⚙️

2 Tap the Screen Lock Pin option to reach this screen. Then switch the change PIN switch to blue if you want to activate the lock PIN

3 Enter a 4 digit PIN that you will remember. You will be prompted to re-enter the PIN to confirm.

4 When the PIN is saved, you may choose to use the **Edit Time** to change the period to a time between 15 seconds and 30 minutes

5 Now this is set up, you must enter your PIN each time you open the app. (And you don't need to log out when you have finished)

Options – Enabling Biometric Login

If your phone or tablet supports biometric login (fingerprint or facial recognition) then this option allows you to bypass the PIN or the Password entry.

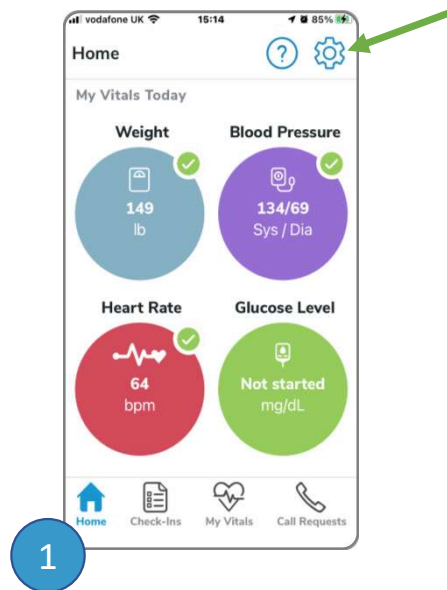
1 Tap the Settings Icon ⚙️

2 Tap the **Biometric Login** option

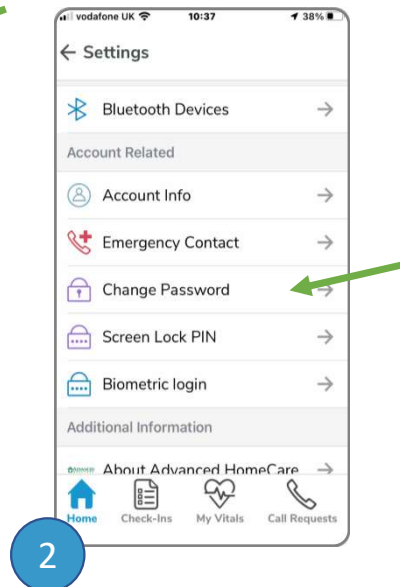
3 Tap the switch to switch between Disabled /Enabled

4 When biometric login is enabled, your login screen and PIN screen will display a biometric login symbol. Just touch this to use biometric login.

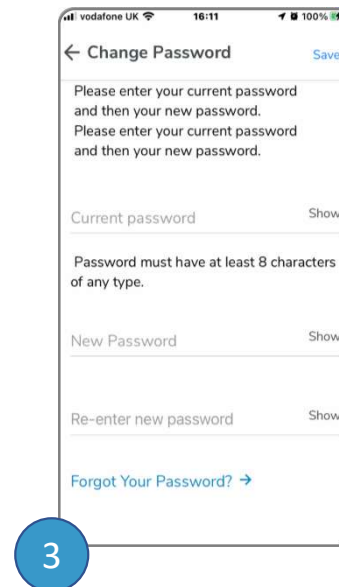
Options – changing your password



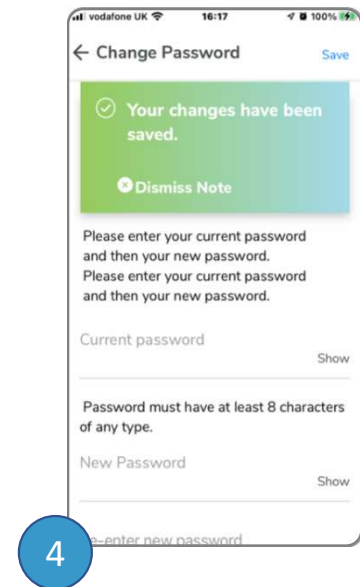
Tap the Settings Icon ⚙️



Tap the **Change Password** option



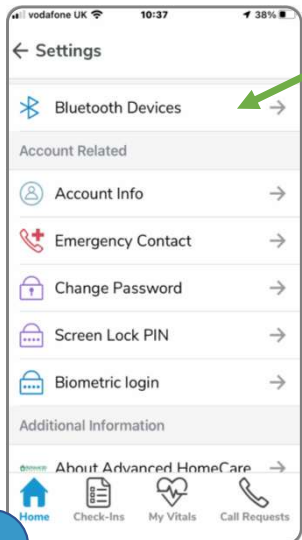
Then enter your current password and your new password (twice) followed by **Save**



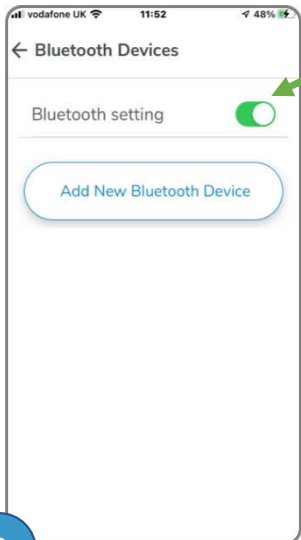
You will see confirmation that the password is changed and you can tap **← Change Password** to go back to the Settings screen

Options – adding a connected device

You may have one or more medical devices that can connect to your mobile device using BLE (Bluetooth Low Energy). Follow these instructions to pair them with the Wanda Health App. (The example shown here is the A&D Blood Pressure monitor)



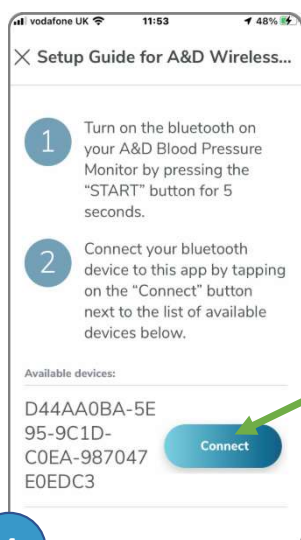
1 Tap the settings icon to reach this screen and then tap **Bluetooth Devices**



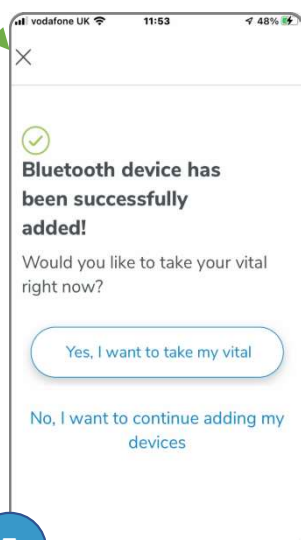
2 Make sure the **Bluetooth Setting** slider is showing green (you may need to enable Bluetooth in your mobile devices settings). Tap **Add New Bluetooth Device**



3 Tap the device you wish to pair



4 Follow the on screen instructions and when you see the device's unique number (MAC Address) tap **Connect**



5 When the pairing is complete, you will see a confirmation message. Tap **X** to return to the **Add New Device** screen.

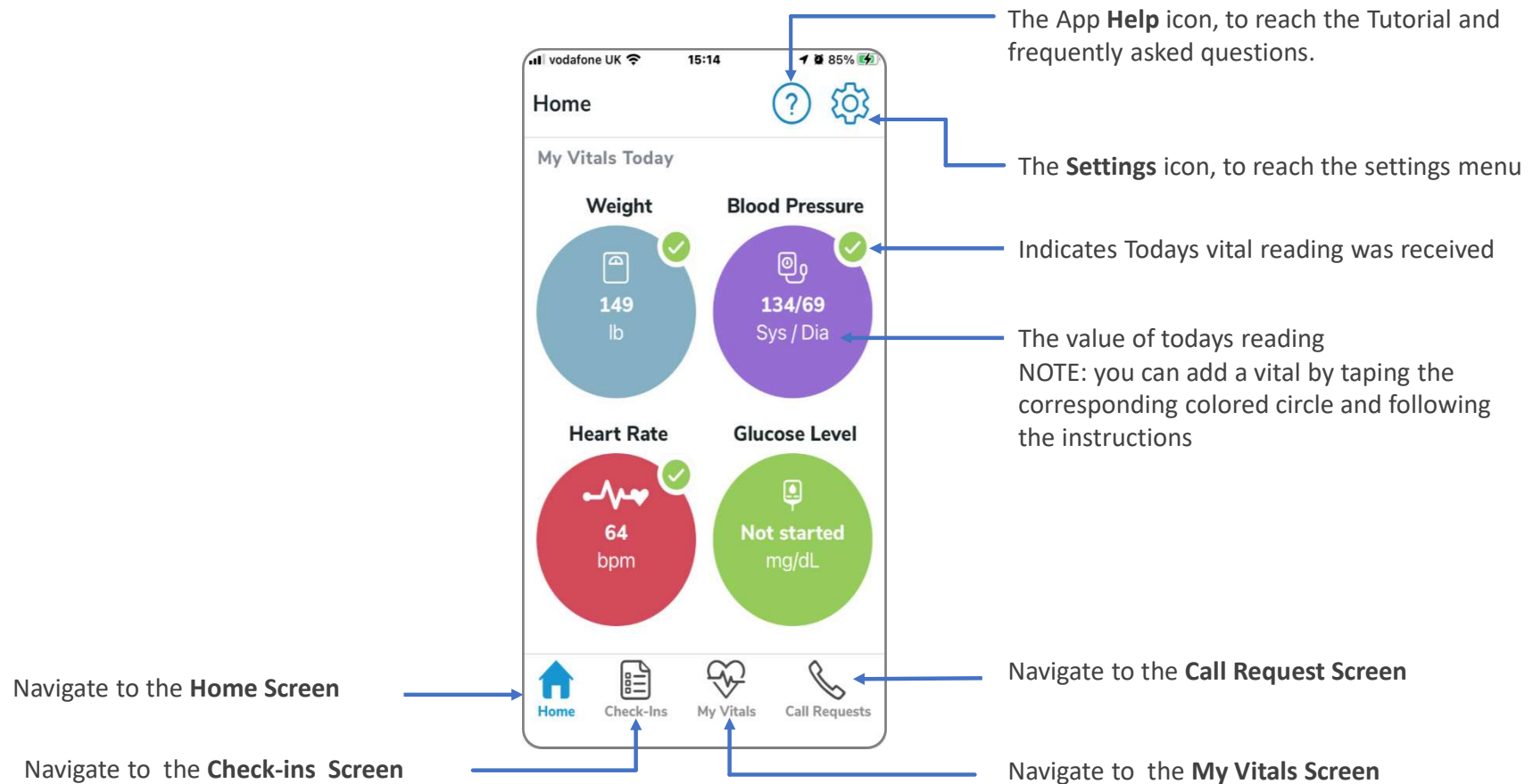
Options – compatible devices

The following list of devices with BLE (Bluetooth Low Energy) connectivity are compatible with the Wanda Health App.

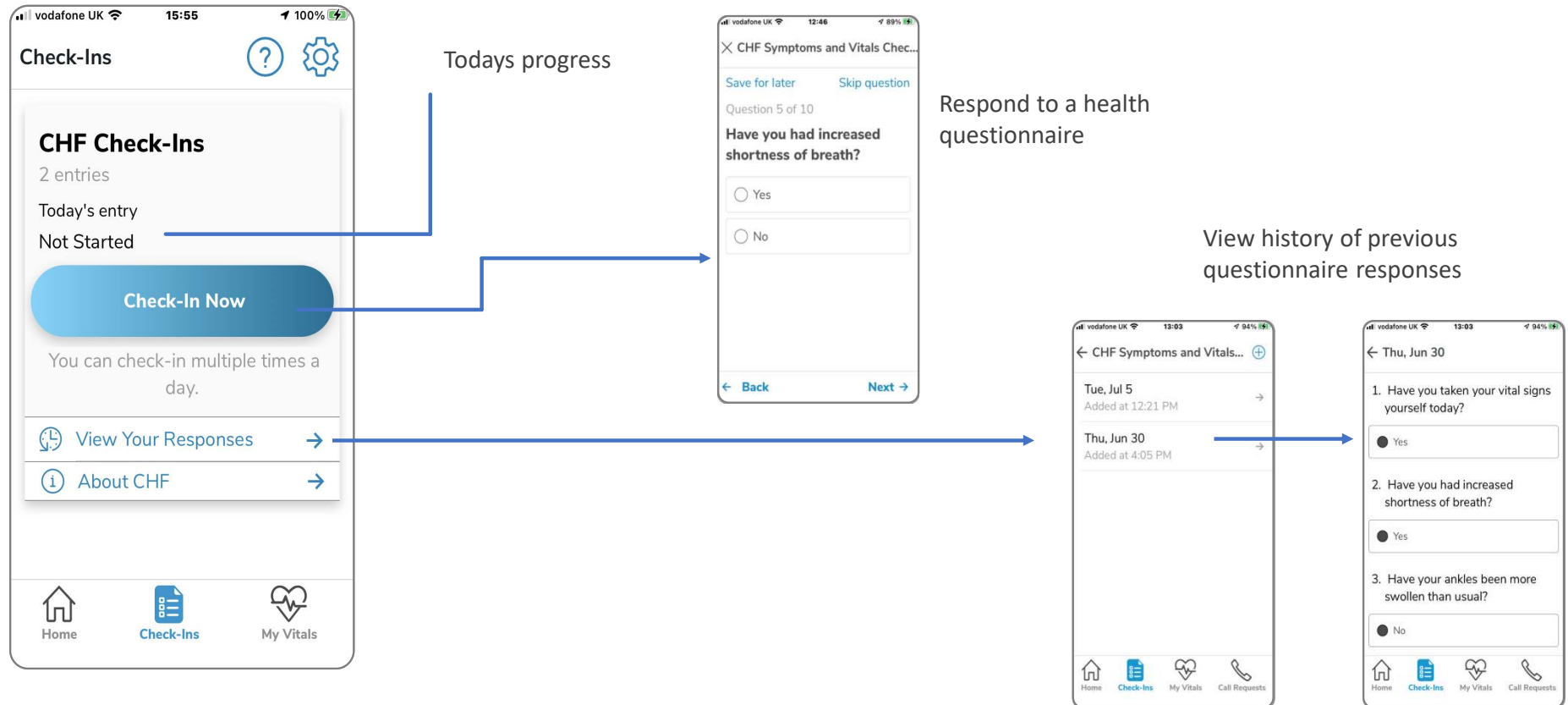
Device Type	Device Make and Model	FDA Medical Device Classification and Clearance Date
Blood Pressure Monitor	iHealth View BP7s	Class II (Aug 2015)
Blood Pressure Monitor	iHealth Track 550BT	Class II (Feb 2019)
Blood Pressure Monitor	A&D UA651BLE	Class II (Oct 2014)
Pulse Oximeter	iHealth Air PO3	Class II (Sept 2013)
Weight Scale	iHealth HS4S	Not Applicable (not a medical device)

Caution: Do not download and install the App from iHealth or A&D Medical that might be indicated on the packaging of the Bluetooth device this is not necessary and it may interfere with the ability of the Wanda Health App to receive data from the device.

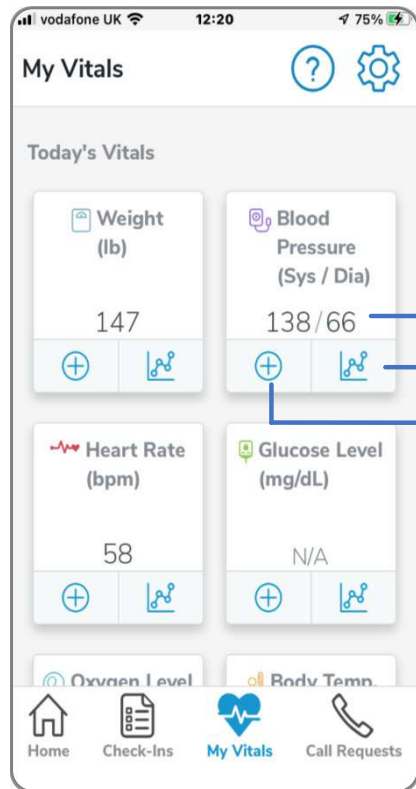
Finding Your Way Around – The Home Screen



Finding Your Way Around – The Check-Ins Screen



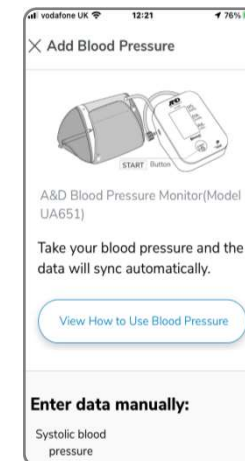
Finding Your Way Around – The My Vitals Screen



Today's most recent reading

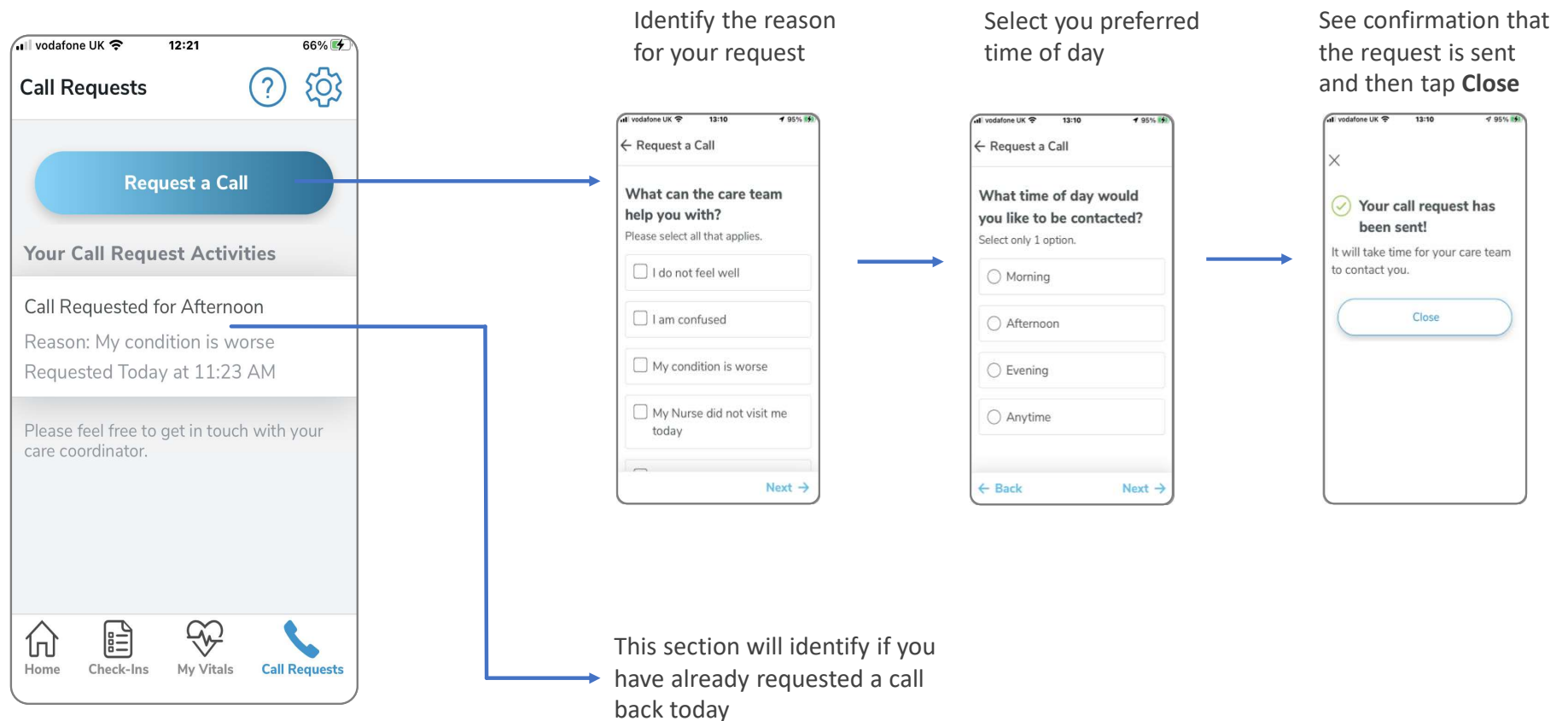


View the history of your vital readings

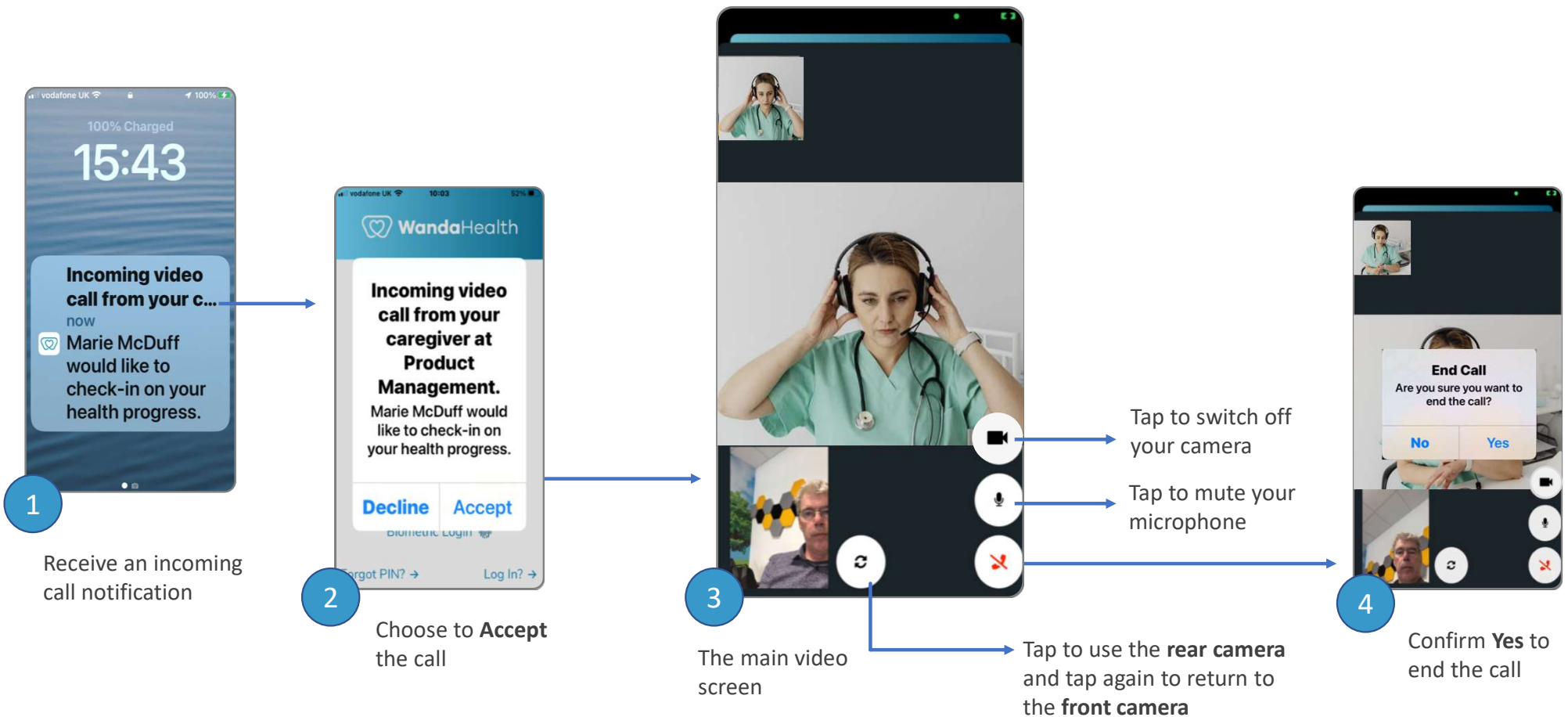


Add a new reading

Finding Your Way Around – The Call Requests screen

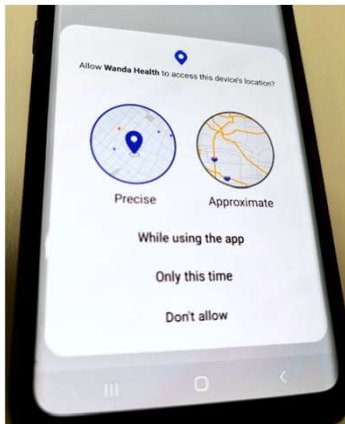


Receiving a Video Call

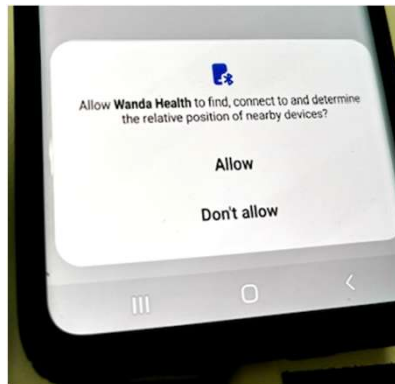


Permission Pop-up Screens seen when installing on Android.

1)



2)



- When installing on Android you will see two pop-up screens asking permission for the App to access certain functions on your phone / tablet.
- These permissions are required before the App can receive data from Bluetooth Medical Devices.

1) You should select the option “While using the app”

2) You should select the option “Allow”

Note the App does not actually receive location information from your phone / tablet, only the readings transmitted from the device.

Further Help with the Wanda Health App.



- Use the Help Icon to view the App tutorial and frequently asked questions (FAQs)
- If you forget your password and can't log in then ask your Care Coordinator to unlock your App user account. You will then receive an activation code and you can follow the instruction number 3 on page 5.

Wanda Health Contact Details

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